

ESSEX COUNTY CHAMPIONSHIPS DAY 3 CHELMSFORD 13 MAY 2007

RESULTS - VETERAN MEN

Veteran Men 400 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	011	Martin	Holgate	Woodford Green & Essex Ladies	53.12	1
	010	Keith	Palmer	Southend A.C.	55.02	2
	016	Ty-John	Roberts	Unattached	56.56	3
	013	Leroy	Gould	Newham & Essex Beagles	57.30	4
	007	John	Browne	Chelmsford A.C.	DNF	

Veteran Men 1500 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	005	Matthew	Bland	Havering Mayesbrook A.C.	4:19.39	1
	003	Antony	Mead	Benfleet R.C	4:33.38	2
	002	Kevin	Steed	Benfleet R.C	4:38.87	3
	014	Peter	Tullett	Chelmsford A.C.	4:53.86	4

RESULTS - SENIOR WOMEN

Senior Women - 200 Metres - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	Wind
	055	Henrietta	Kodilinye-Sims	Newham & Essex Beagles	25.03	1
	010	Joanne	Ryan	Loughton A.C.	25.06	2
	033	Katherine	Skelding	Woodford Green & Essex Ladies	25.28	3
	029	Tara	Bird	Woodford Green & Essex Ladies	25.87	4
	008	Julie	Pratt	Woodford Green & Essex Ladies	26.08	5
	002	Heidi	Nicholas	Basildon A.C.	26.93	6
	054	Claire	Brennan	Havering Mayesbrook A.C.	27.60	7
	047	Hannah	Gamester	Havering Mayesbrook A.C.	28.38	8

Senior Women - 800 Metres - Final

Heat	Vest	First Name	Last Name	Affiliation	Time
	068	Linzi	Snow	Woodford Green & Essex Ladies	2:07.85
	014	Harriet	Scott	Havering Mayesbrook A.C.	2:09.50
	049	Katherine	Sparke	Woodford Green & Essex Ladies	2:16.11
	001	Denise	Morley	Colchester Harriers	2:17.82
	062	Frances	Cliffe	Chelmsford A.C.	2:18.41
	053	Hayley	Stibbs	Havering Mayesbrook A.C.	2:18.56
	023	Helen	Bloomfield	Colchester & Tendring A.C.	2:21.66
	016	Caroline	Real	Loughton A.C.	2:23.61
	030	Zoe	Watson	Woodford Green & Essex Ladies	2:24.12
	042	Grace	Brown	Chelmsford A.C.	2:24.31
	024	Mary	Knapman	Loughton A.C.	2:26.42
	059	Nicola	Page	Thurrock Harriers A.C.	DNF

Senior Women - 5000 Metres - Final

Heat	Vest	First Name	Last Name	Affiliation	Time
	003	Danielle	Sale	Orion Harriers	17:04.75
	007	Claire	Colmer	Southend A.C.	17:50.19
	015	Amy	Mills	Braintree A.C.	17:59.41

Senior Women - 400 Metres Hurdles - Final

Heat	Vest	First Name	Last Name	Affiliation	Time
	037	Nicola	Martell	Colchester Harriers	63.02
	013	Laura	Bealey	Havering Mayesbrook A.C.	70.12
	006	Susan	Potter	Guernsey Island A.A.C.	DNF

Senior Women - 2000 Metres - Steeple Chase

Heat	Vest	First Name	Last Name	Affiliation	Time
	063	Kirsty	Tydeman	Basildon A.C.	7:33.11

Senior Women - High Jump

Heat	Vest	First Name	Last Name	Affiliation	Height
	028	Kate	Brewington	Havering Mayesbrook A.C.	1.65
	002	Heidi	Nicholas	Basildon A.C.	1.50
	040	Lucy	Howes	Thurrock Harriers A.C.	1.45

Senior Women - Javelin

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	057	Louise	Mathews	Havering Mayesbrook A.C.	38.44	1
	019	Emma	Smith	Woodford Green & Essex Ladies	37.66	2
	025	Hayley	Thomas	Newham & Essex Beagles	37.57	3
	028	Kate	Brewington	Havering Mayesbrook A.C.	37.11	4
	026	Sue	Lawrence	Thurrock Harriers A.C.	28.25	5
	038	Liz	Hosford	Thurrock Harriers A.C.	19.38	6

Senior Women - Pole Vault

Heat	Vest	First Name	Last Name	Affiliation	Height	
	047	Hannah	Gamester	Havering Mayesbrook A.C.	2.40	1
	036	Kelly	Montgomery	Newham & Essex Beagles	2.20	2
	012	Danielle	Ross	Havering Mayesbrook A.C.	2.20	3
	017	Melissa	Stevens	Newham & Essex Beagles	2.20	4
	016	Caroline	Real	Loughton A.C.	2.00	5

RESULTS - SENIOR MEN

Senior Men 200 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time (manual)	
	077	Matthew	Russell	Havering Mayesbrook A.C.	22.6	1
	025	Robert	Smith	Colchester & Tendring A.C.	23.2	2
	084	Luke	Stott	Havering Mayesbrook A.C.	23.3	3
	062	Seyi	Akande	Chelmsford A.C.	23.6	4=
	065	Samuel	Baptiste	Newham & Essex Beagles	23.6	4=
	021	Lloyd	Ellis	Harlow A.C.	25.1	6

Senior Men 1500 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	043	Mark	Sandford	Basildon A.C.	3:51.52	1
	052	Ed	Messer	Chelmsford A.C.	4:02.96	2
	045	Dan	Shane	Basildon A.C.	4:08.63	3
	027	James	Nunn	Billericay Striders	4:10.37	4
	058	Ryan	Prout	Chelmsford A.C.	4:10.79	5
	092	Jonathan	Long	Woodford Green & Essex Ladies	4:11.77	6
	102	S	Whittaker	Southend A.C.	4:19.60	7
	088	Richard	Mead	Chelmsford A.C.	4:22.41	8

Senior Men 400 Metre Hurdles - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	028	Enrique	Melin	Newham & Essex Beagles	55.81	1
	023	Michael	Shortall	Thurrock Harriers A.C.	56.69	2
	095	Greg	Goodrem	Southend A.C.	58.10	3
	085	James	Murphy	Havering Mayesbrook A.C.	59.38	4
	042	Jonathan	Franklin	Woodford Green & Essex Ladies	1:03.30	5

Senior Men 3000 Metre Steeplechase - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	034	Robert	Warner	Havering Mayesbrook A.C.	9:53.80	1
	090	James	Young	Basildon A.C.	10:30.44	2
	063	Malcolm	Muir	Ilford A.C.	10:32.66	3
	008	Matthew	Maple	Ilford A.C.	11:01.80	4

Senior Men 3000 Metre Walk - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	054	Scott	Davis	Ilford A.C.	13:41.11	1
	041	Steven	Uttley	Ilford A.C.	15:12.81	2
	067	Stephen	Crane	Surrey Walking Club	15:59.37	3
	002	Lawrence	Dordoy	Ilford A.C.	16:04.83	4
	001	D	Sharpe	Ilford A.C.	16:35.67	5
	016	David	Ainsworth	Ilford A.C.	20:12.90	6

Senior Men - Long Jump

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	011	J	Jegade	Newham & Essex Beagles	6.94	1
	053	Dan	George	Thurrock Harriers A.C.	6.43	2
	038	Nick	Dowsett	Woodford Green & Essex Ladies	6.11	3
	093	Olunatimilehin	Quadri	Newham & Essex Beagles	5.37	4

Senior Men - Triple Jump

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	053	Dan	George	Thurrock Harriers A.C.	13.49	1
	064	Keith	Newton	Woodford Green & Essex Ladies	13.47	2
	093	Olunatimilehin	Quadri	Newham & Essex Beagles	11.26	3

Senior Men - Shot

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	007	Stuart	Thurgood	Watford Harriers	12.65	1
	069	Craig	Burrow	Ilford A.C.	12.23	2

RESULTS - JUNIOR WOMEN

Junior Women - 200 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	Wind
1	007	Lucy	Sargent	Havering Mayesbrook A.C.	25.84	1Q
	043	Asha	Philip	Newham & Essex Beagles	26.05	2Q
	002	Jade	Morgan	Colchester Harriers	26.67	Q
	039	Susanna	Banjo	Newham & Essex Beagles	26.76	Q
	050	Lauren	Searles	Basildon A.C.	27.08	Q
2	016	Jessica	Tappin	Chelmsford A.C.	26.05	1Q
	026	Daveen	Thomas	Newham & Essex Beagles	27.00	2Q
	010	Olivia	Jones	Southend A.C.	27.34	Q
	040	Ria-Bianca	Ali-Jackson	Chelmsford A.C.	28.08	
	048	Gemma	Jarvis	Braintree A.C.	29.81	

Junior Women - 200 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	Wind
	007	Lucy	Sargent	Havering Mayesbrook A.C.	25.25	1
	043	Asha	Philip	Newham & Essex Beagles	25.70	2
	039	Susanna	Banjo	Newham & Essex Beagles	26.23	3
	016	Jessica	Tappin	Chelmsford A.C.	26.44	4
	050	Lauren	Searles	Basildon A.C.	26.78	5
	002	Jade	Morgan	Colchester Harriers	27.14	6
	026	Daveen	Thomas	Newham & Essex Beagles	27.55	7

Junior Women - 800 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time
	012	Stacey	Wheat	Colchester Harriers	2:17.56
	004	Katherine	Foy	Woodford Green & Essex Ladies	2:18.00
	036	Hayley	Moore	Basildon A.C.	2:18.81
	032	Katie	Richardson	Havering Mayesbrook A.C.	2:21.35
	037	Natalie	Kipps	Orion Harriers	2:23.82
	017	Anna	Whitfield	Basildon A.C.	2:24.15
	034	Robyn	Matson	Havering Mayesbrook A.C.	2:26.25
	025	Kavita	Solder	Woodford Green & Essex Ladies	2:28.83
	035	Hayley	Pegg	Havering Mayesbrook A.C.	2:29.41

Junior Women - 400 Metre Hurdles - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time (manual)
	013	Lisa	Schofield	Havering Mayesbrook A.C.	66.2
	033	Rebecca	Quinlan	Chelmsford A.C.	67.0
	009	Laura	Gnarapragasan	Woodford Green & Essex Ladies	74.8

Junior Women -2000 Metre - Steeplechase

Heat	Vest	First Name	Last Name	Affiliation	Time
	004	Kathrine	Foy	Woodford Green & Essex Ladies	8:30.18

Junior Women - High Jump

Heat	Vest	First Name	Last Name	Affiliation	Height
	003	Gemma	Grainger	Basildon A.C.	1.65
	016	Jessica	Tappin	Chelmsford A.C.	1.55
	019	Natalie	LeBeau	Thurrock Harriers A.C.	1.50
	028	Vicki	Wheatland	Colchester Harriers	1.50
	011	Zoe	Young	Basildon A.C.	1.40

Junior Women - Javelin

Heat	Vest	First Name	Last Name	Affiliation	Time	
	001	Kim	Box	Basildon A.C.	38.98	1
	024	Emma	Christmas	Havering Mayesbrook A.C.	34.00	2
	011	Zoe	Young	Basildon A.C.	29.99	3
	038	Phillipa	Haines	Newham & Essex Beagles	26.04	4

Junior Women - Hammer

Heat	Vest	First Name	Last Name	Affiliation	Time	
	046	Eleni	Pontikis	Basildon A.C.	30.26	1
	045	Vikie	Taylor	Unattached	26.45	2

RESULTS - JUNIOR MEN

Junior Men - 200 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
1	056	Olufunmi	Sobodu	Unattached	22.54	1Q	-3.2
	018	Matthew	Harrison	Basildon A.C.	23.07	Q	
	011	Martin	Pitts	Braintree A.C.	23.08	Q	
	054	Gary	Madigan	Ilford A.C.	23.57	Q	
	073	Mark	Dyble	Basildon A.C.	23.91		
	019	Matthew	Burnett	Newham & Essex Beagles	24.15		
2	050	Aaron	Bologun	Ilford A.C.	22.30	1Q	-2.1
	012	Eugene	Ayanful	Woodford Green & Essex Ladies	22.90	Q	
	069	Nick	Underwood	Orion Harriers	23.73	Q	
	022	Jorhelio	Ramos	Newham & Essex Beagles	23.78	Q	
	065	Joseph	Naughton	Braintree A.C.	24.16		
	045	Mitchell	Jarvis	Braintree A.C.	24.35		
	057	Sho-Silva	Daniel	Thurrock Harriers A.C.	24.61		

Junior Men - 200 Metre - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
	056	Olufunmi	Sobodu	Unattached	22.23	1	-3.0
	050	Aaron	Bologun	Ilford A.C.	22.46	2	
	012	Eugene	Ayanful	Woodford Green & Essex Ladies	22.58	3	
	018	Matthew	Harrison	Basildon A.C.	22.97	4	
	011	Martin	Pitts	Braintree A.C.	23.03	5	
	069	Nick	Underwood	Orion Harriers	23.49	6	
	054	Gary	Madigan	Ilford A.C.	23.87	7	

Junior Men - 1500 Metre - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
	033	James	Shane	Basildon A.C.	3:57.80	1	
	015	Ben	Hunter	Southend A.C.	3:58.27	2	
	024	David	Gibbon	Colchester & Tendring A.C.	4:02.71	3	
	037	Tom	Phillips	Woodford Green & Essex Ladies	4:06.59	4	
	034	Angus	Holford	Woodford Green & Essex Ladies	4:09.04	5	
	044	Paul	Whittaker	Southend A.C.	4:12.29	6	
	072	Peter	Smale	Southend A.C.	4:16.67	7	
	016	Andrew	Mariani	Woodford Green & Essex Ladies	4:17.47	8	
	046	Paige	Haines	Basildon A.C.	4:21.66	9	
	055	George	Windsor	Chelmsford A.C.	4:22.69	10	
	030	Mark	Sampford	Basildon A.C.	4:23.15	11	
	031	Robert	Jones	Havering Mayesbrook A.C.	4:24.83	12	
	043	Kieron	Mitchell	Basildon A.C.	4:29.39	13	
	026	Steven	Seward	Colchester & Tendring A.C.	4:34.18	14	
	070	Olawale	Ogunye	Newham Sports Academy	DNF		

Junior Men - 400 Metre Hurdles - Final

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
	041	Louis	Persent	Colchester Harriers	53.83	1	

Junior Men - Long Jump

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	010	Vincent	Lazaro	Havering Mayesbrook A.C.	6.46	1
	032	Calvin	Barnes	Chelmsford A.C.	6.43	2
	047	Anthony	Williams	Havering Mayesbrook A.C.	6.15	3
	051	Joe	Carey	Southend A.C.	5.97	4
	045	Mitchell	Jarvis	Braintree A.C.	5.96	5
	038	Nathaniel	Senior	Ilford A.C.	5.83	6
	073	Mark	Dyble	Basildon A.C.	5.55	7
	048	Craig	Moore	Havering Mayesbrook A.C.	5.45	8

Junior Men - Triple Jump

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	038	Nathaniel	Senior	Ilford A.C.	13.20	1
	047	Anthony	Williams	Havering Mayesbrook A.C.	12.58	2
	010	Vincent	Lazaro	Havering Mayesbrook A.C.	12.20	3

RESULTS - UNDER 17 WOMEN

Women U17 - 300 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	010	Nina	Edwards	Herts Phoenix A.C	41.67	1Q
1	064	Felicity	Clarke	Southend A.C.	42.58	2Q
1	049	Lydia	Hall	Iford A.C.	42.87	Q
1	094	Annie	Dunn	Basildon A.C.	43.01	Q
1	017	Alexandra	Lusty	Chelmsford A.C.	43.87	Q
1	014	Polly	Woods	Harlow A.C.	44.18	
1	090	April	Eastwood	Harlow A.C.	44.93	
1	069	Emily	Fisher	Colchester Harriers	46.09	
2	063	Kirsty	Shepherd	Basildon A.C.	43.14	Q1
2	006	Caroline	Hill	Thurrock Harriers A.C.	43.58	Q2
2	008	Gemma	Murray	Woodford Green & Essex Ladies	44.08	Q
2	066	Felicity	Abbott	Colchester Harriers	44.17	
2	071	Sally	Hoyle	Chelmsford A.C.	44.69	
2	007	Mae	Kenny	Chelmsford A.C.	45.14	

Women U17 - 300 Metre - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time	
	010	Nina	Edwards	Herts Phoenix A.C	40.80	1
	064	Felicity	Clarke	Southend A.C.	42.32	2
	063	Kirsty	Shepherd	Basildon A.C.	43.09	3
	094	Annie	Dunn	Basildon A.C.	43.29	4
	017	Alexandra	Lusty	Chelmsford A.C.	43.48	5
	006	Caroline	Hill	Thurrock Harriers A.C.	43.63	6
	008	Gemma	Murray	Woodford Green & Essex Ladies	45.61	7
	049	Lydia	Hall	Iford A.C.	DNF	

Women U17 - 800 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	032	Laura	Condron	Chelmsford A.C.	2:22.32	1Q
1	002	Rebecca	Oatham	Thurrock Harriers A.C.	2:22.35	2Q
1	043	Laura	Hillyard	Colchester & Tendring A.C.	2:22.49	Q
1	013	Ella	Neale	Colchester Harriers	2:23.94	Q
1	057	Katie-Ann	Tuttlebury	Chelmsford A.C.	2:28.83	Q
1	028	Sophie	Carroll	Basildon A.C.	2:31.37	
1	031	Josie	Condron	Chelmsford A.C.	2:46.80	
2	046	Zoey	Littlechild	Havering Mayesbrook A.C.	2:22.23	1Q
2	065	Denise	Dignum	Basildon A.C.	2:24.27	2Q
2	001	Venita	Dabhi	Newham & Essex Beagles	2:27.19	Q
2	067	Alex	Beard	Havering Mayesbrook A.C.	2:37.91	
2	084	Rachel	Chester	Chelmsford A.C.	2:51.17	

Women U17 - 800 Metre - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time	
	032	Laura	Condron	Chelmsford A.C.	2:20.13	1
	013	Ella	Neale	Colchester Harriers	2:21.78	2
	046	Zoey	Littlechild	Havering Mayesbrook A.C.	2:21.90	3
	002	Rebecca	Oatham	Thurrock Harriers A.C.	2:22.32	4
	065	Denise	Dignum	Basildon A.C.	2:23.90	5
	043	Laura	Hillyard	Colchester & Tendring A.C.	2:24.73	6
	057	Katie-Ann	Tuttlebury	Chelmsford A.C.	2:32.64	7
	001	Venita	Dabhi	Newham & Essex Beagles	2:25.36	8

Women U17 - 300 Metre Hurdles - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time	
	015	Nicola	Hill	Havering Mayesbrook A.C.	46.00	1
	041	Lauren	Edgar-Hill	Basildon A.C.	47.64	2
	019	Sarah	Glanvill	Colchester & Tendring A.C.	48.75	3
	042	Lucy	Mapp	Colchester Harriers	48.80	4

Women U17 - 3000M Walk

Heat	Vest	First Name	Last Name	Affiliation	Time	
	009	Chelsea	Hobbs	Blackheath & Bromley	15:56.03	1

Women U17 - Long Jump

Heat	Vest	First Name	Last Name	Affiliation	Time	
	058	Lauren	Bouchard	Chelmsford A.C.	5.44	1
	053	Aleasha	Kiddle	Braintree A.C.	5.42	2
	091	Keneesha	Johnson	Colchester Harriers	5.35	3
	015	Nicola	Hill	Havering Mayesbrook A.C.	5.28	4
	017	Alexandra	Lusty	Chelmsford A.C.	5.00	5
	052	Chloe	Galloway	Woodford Green & Essex Ladies	4.88	6
	087	Lucretia	Bailey	Newham & Essex Beagles	4.75	7
	080	Eloise	Williamson	Chelmsford A.C.	4.52	8

Women U17 - Shot

Heat	Vest	First Name	Last Name	Affiliation	Time	
	011	Hannah	Bright	Braintree A.C.	9.52	1
	056	Rachel	Roberts	Chelmsford A.C.	9.21	2
	019	Sarah	Glanvill	Colchester & Tendring A.C.	8.88	3
	034	Elizabeth	Scott	Fitzwimarc School	8.65	4
	035	Charlotte	Rider	Fitzwimarc School	8.46	5
	030	Deacon	Charlotte	Iford A.C.	8.20	6
	024	Buddie	Mycock	St Hilda's School	7.65	7
	077	Naomi	Willey	Great Baddow H S	7.12	8

Women U17 - Hammer

Heat	Vest	First Name	Last Name	Affiliation	Time	
	029	Sarah	Smith	Woodford Green & Essex Ladies	42.59	1
	074	Amy	Cox	Havering Mayesbrook A.C.	23.51	2
	081	Katie	Hartigan	Chelmsford A.C.	23.24	3

Women U17 - Pole Vault

Heat	Vest	First Name	Last Name	Affiliation	Time	
	042	Lucy	Mapp	Colchester Harriers	1.80	1

RESULTS - UNDER 17 MEN

Men Under 17 - 400 Metre Hurdles - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	139	Sam	Boshell	Basildon A.C.	58.24	1
	018	Chris	Warden	Havering Mayesbrook A.C.	59.68	2
	71	David	Creedon	Havering Mayesbrook A.C.	62.06	3
	133	Andrew	Bailey	Fitzwimarc School	63.10	4

Men Under 17 - Long Jump

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	045	Simeon	Stuart	Ilford A.C.	6.27	1
	113	Lewis	King	Chelmsford A.C.	5.98	2
	056	Joseph	Ramie	Havering Mayesbrook A.C.	5.88	3
	012	Jordan	Clatworthy	Basildon A.C.	5.81	4
	032	James	Hayward	Fitzwimarc School	5.68	5
	080	Osi	Nzeako	Ilford A.C.	5.62	6
	047	Adam	McCarthy	Southend A.C.	5.57	7
	049	Flynn	Spence	Woodford Green & Essex Ladies	5.54	8
	124	Andrew	Almond	Cecil Jones College	5.47	9
	086	Conor	O'Brien	SHFB	5.38	10
	130	Christopher	Deary	Newham & Essex Beagles	5.32	11
	090	David	Smale	SHFB/Southend A.C.	5.27	12
	048	Kieran	Sleap	Fitzwimarc School	5.17	13
	075	Joel	Michael	Newham & Essex Beagles	5.11	14
	134	Andrius	Stulga	Newham & Essex Beagles	4.94	15
	028	Thomas	Pickering	Fitzwimarc School	4.87	16
	137	Lewis	Bishop	Colchester Harriers	4.60	17

Men Under 17 - Triple Jump

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	091	Jack	Eddie	SHFB	12.78	1
	048	Kieran	Sleap	Fitzwimarc School	12.64	2
	131	Joshua	Ejinkonye	Newham & Essex Beagles	12.39	3
	083	Jake	Consiglio	SHFB	12.12	4
	081	Jerelle	Mensah	SHFB	11.98	5
	130	Christopher	Deary	Newham & Essex Beagles	11.96	6
	108	Matthew	Franchesetti	SHFB	11.85	7
	080	Osi	Nzeako	Ilford A.C.	11.78	8
	133	Andrew	Bailey	Fitzwimarc School	11.71	9
	092	Daniel	Walden	SHFB	11.69	10
	012	Jordan	Clatworthy	Basildon A.C.	11.67	11
	032	James	Hayward	Fitzwimarc School	11.38	12
	047	Adam	McCarthy	Southend A.C.	10.81	13

Men Under 17 - Shot

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	110	Anthony	Oshodi	Woodford Green & Essex Ladies	16.72	1
	040	Matthew	Baptiste	Newham & Essex Beagles	16.24	2
	087	Sam	Sutcliffe	SHFB	12.25	3
	112	William	King	Chelmsford A.C.	11.78	4
	116	Lloyd	Scott	Cecil Jones College	11.77	5
	114	Josh	Cottrell	Cecil Jones College	10.94	6
	117	Nick	Styles	Cecil Jones College	9.96	7
	052	Robert	Legon	Ilford A.C.	9.84	8

Men Under 17 - Javelin

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	138	Georgie	Bean	Havering Mayesbrook A.C.	51.45	1
	106	Norman	McCleod	SHFB	35.55	2
	107	Alastair	McCleod	SHFB	34.35	3
	098	Elliott	Ragan	SHFB	33.69	4

RESULTS - GIRLS UNDER 15

Girls U15 - 800 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	002	Neha	Dabhi	Newham & Essex Beagles	2:29.35	1Q
	066	Rachel	Sadler	Havering Mayesbrook A.C.	2:36.05	Q
	050	Emily	Ballard	Basildon A.C.	2:37.42	
	074	Ellanor	Corcoran	Basildon A.C.	2:38.63	
	063	Jay	Andrews	Orion Harriers	2:38.96	
	046	Charlotte	Bishop	Basildon A.C.	2:40.29	
	072	Laura	O'Connor	Chelmsford A.C.	2:41.75	
	060	Tayla	Atkins	Basildon A.C./Woodlands	2:46.09	
	024	Hollie	Wood	Thurrock Harriers A.C.	3:00.99	
2	029	Amber	Turner	Havering Mayes/Brentwood CHS	2:28.00	1Q
	008	Eleanor	Bounds	Havering Mayesbrook A.C.	2:28.29	Q
	035	Rebecca	O'Neill	Havering Mayes/Brentwood Sch	2:32.46	Q
	043	Lauren	Macareaor	Orion Harriers	2:35.58	Q
	020	Stacey	Eyers	Colchester & Tendring A.C.	2:37.18	
	088	Sophie	Johnstone	Chelmsford A.C.	2:40.38	
	070	Ellen	Triggs	Colchester & Tendring A.C.	2:47.48	
	049	Claudia	Conway	Woodford Green & Essex Ladies	2:49.38	
	073	Stephanie	Ashurst	Chelmsford A.C.	3:01.22	
3	095	Nikki	Twine	Basildon A.C.	2:30.90	1Q
	027	Camilla	Smee	St Hilda's School	2:34.31	Q
	055	Adedoja	Atanda	Newham & Essex Beagles	2:38.23	
	026	Heidi	Steele	Colchester Harriers	2:40.25	
	014	Emily	Moore	Colchester Harriers	2:41.72	
	057	Abigail	Plank	Basildon A.C./S H S G	2:42.29	
	044	Lauren	Pereira	Orion Harriers	2:47.22	
	048	Kate	Stockings	Woodford Green & Essex Ladies	2:49.20	
	033	Melissa	Cowell	Great Baddow H S	3:10.90	

Girls U15 - 800 Metre - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time	
	095	Nikki	Twine	Basildon A.C.	2:22.87	1
	008	Eleanor	Bounds	Havering Mayesbrook A.C.	2:23.52	2
	035	Rebecca	O'Neill	Havering Mayes/Brentwood Sch	2:23.57	3
	002	Neha	Dabhi	Newham & Essex Beagles	2:23.59	4
	029	Amber	Turner	Havering Mayes/Brentwood CHS	2:27.62	5
	066	Rachel	Sadler	Havering Mayesbrook A.C.	2:33.33	6
	027	Camilla	Smee	St Hilda's School	2:36.77	7

Girls U15 - High Jump

Heat	Vest	First Name	Last Name	Affiliation	Height	
	052	Eleanor	Evans	Southend A.C./SHSG	1.50	1
	010	Charlotte	Malton	Chelmsford A.C.	1.50	2
	098	Ellie	Watson	Chelmsford A.C.	1.45	3
	104	Elizabeth	Ridley	Chelmsford A.C./Great BaddowHS	1.45	4
	096	Annabelle	Baker	Basildon A.C.	1.45	5
	018	Katie	Brown	Basildon A.C.	1.40	6
	091	Ese	Akpobi	Newham & Essex Beagles	1.40	7
	114	Jasmine	Raymond	Newham & Essex Beagles	1.40	8
	054	Georgia	Crosland	Chelmsford A.C./St John Payne	1.35	9=
	115	Molly	Martin-Wilson	Basildon A.C.	1.35	9=
	016	Gemma	Armorgie	Herts Phoenix A.C	1.35	11
	027	Camilla	Smee	St Hilda's School	1.30	12

Girls U15 -Long Jump

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	077	Georgia	Atkins	Southend A.C./SHSG	4.9	1
	104	Elizabeth	Ridley	Chelmsford A.C./Great BaddowHS	4.77	2
	009	Rachel	Gooday	Colchester Harriers	4.77	3
	105	Ellie	Besford	Chelmsford A.C.	4.77	4
	010	Charlotte	Malton	Chelmsford A.C.	4.74	5
	037	Rachel	Dean	WG & EL/WoodbridgeHS	4.54	6
	090	Hannah	Hoyle	Chelmsford A.C.	4.46	7
	004	Jessica	Cutts	Colchester Harriers	4.45	8
	032	Charlotte	Ridley	Chelmsford A.C./Great BaddowHS	4.39	9
	006	Nicola	Peachey	Havering Mayesbrook A.C.	4.24	10
	068	Maria	Okpokiri	Newham & Essex Beagles	4.15	11
	053	Rebecca	Connelly	Thurrock Harriers A.C.	3.91	12
	080	Hannah	Collard	Southend A.C.	3.85	13
	111	Alice	Singleton	Woodford Green & Essex Ladies	3.83	14
	033	Melissa	Cowell	Great Baddow H S	3.79	15
	019	Lucina	Rolewicz	Braintree A.C.	3.70	16
	098	Ellie	Watson	Chelmsford A.C.	3.49	17

Girls U15 - Hammer

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	058	Linzi	Boosey	Thurrock Harriers A.C.	32.03	1
	062	Grace	Jenkins	Newham & Essex Beagles/St Ange	29.44	2

Girls U15 - Pole Vault

Heat	Vest	First Name	Last Name	Affiliation	Height	
	105	Ellie	Besford	Chelmsford A.C.	3.00	1
	104	Elizabeth	Ridley	Chelmsford A.C./Great BaddowHS	2.00	2
	022	Katie	Ramsden	Newham & Essex Beagles	1.80	3

RESULTS - BOYS UNDER 15

Boys Under 15 - 400 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	003	Paul	Scanlan	Woodford Green & Essex Ladies	54.26	1Q
	066	Michael	Jones	Havering Mayesbrook A.C.	54.92	Q
	114	Christian	Parker	SHFB	58.79	Q
	006	Ryan	Wennington	Basildon A.C.	59.88	
	012	James	Blake	Southend A.C.	1:00.74	
	104	Harry	Grose	SHFB	1:01.57	
2	111	Cameron	Irwin	SHFB/Chelmsford A.C	53.24	1Q
	010	Thomas	Larkin	Woodford Green & Essex Ladies	54.56	Q
	113	Tobi	Tayo	SHFB	58.25	Q
	103	Jack	Sirkett	SHFB	59.21	Q
	088	Jamie	Solomon	Harlow A.C.	59.42	Q
	143	Pepe	Welsh	Cecil Jones College	59.86	

Boys Under 15 - 400 Metre - Finals

Heat	Vest	First Name	Last Name	Affiliation	Time	
	003	Paul	Scanlan	Woodford Green & Essex Ladies	52.38	1
	111	Cameron	Irwin	SHFB/Chelmsford A.C	53.72	2
	066	Michael	Jones	Havering Mayesbrook A.C.	54.53	3
	010	Thomas	Larkin	Woodford Green & Essex Ladies	55.14	4
	114	Christian	Parker	SHFB	59.00	5
	113	Tobi	Tayo	SHFB	59.02	6
	103	Jack	Sirkett	SHFB	59.77	7
	088	Jamie	Solomon	Harlow A.C.	1:00.45	8

Boys Under 15 - Shot

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	029	Louis	Jackson	Fitzwimarc School	11.23	1
	059	Andrew	Harrison	Chelmsford A.C.	11.50	2
	076	Fraser	Hubbard	Chelmsford A.C.	11.48	3
	117	Bevan	Gosling	SHFB	11.14	4
	103	Jack	Sirkett	SHFB	10.50	5
	053	James	Catt	Fitzwimarc School	9.29	6
	019	Youcef	Zatat	Ilford A.C.	8.80	7

Boys Under 15 - Javelin

Heat	Vest	First Name	Last Name	Affiliation	Distance	
	162	Bradley	Burr	Havering Mayesbrook A.C.	46.76	1
	006	Ryan	Wennington	Basildon A.C.	46.14	2
	014	Keiron	Record	Basildon A.C.	44.30	3
	110	John	Staines	SHFB	39.31	4
	121	Jack	Horton	SHFB	36.17	5
	076	Fraser	Hubbard	Chelmsford A.C.	36.02	6
	017	Callum	McLean	Southend A.C.	30.68	7

RESULTS - GIRLS UNDER 13

Girls U13 - 75 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
1	006	Hannah	Smithdale	Chelmsford A.C.	10.37	1Q	+1.0
	012	Kelly	Sutton	Colchester Harriers	10.54	Q	
	032	Hayley	McLean	Thurrock Harriers A.C.	10.76	Q	
	031	Rosie	Dailly	Chelmsford A.C./GBHS	10.87	Q	
	029	Sophie	Crofts	Thurrock Harriers A.C.	11.27		
2	002	Evie	Padmore	Orion Harriers	11.62		nwi
	023	Olivia	Law	Southend A.C.	10.67	1Q	
	011	Kaylee	Dodd	Basildon A.C.	10.88	Q	
	039	Emily	Webb	Basildon A.C.	10.88	Q	
	014	Nikkita	Sartori-Sigrist	Orion Harriers	11.11	Q	
	003	Rachael	Stark	Chelmsford A.C.	11.19		
	009	Samantha	Hoar	St Hilda's School	11.28		
045	Deborah	Knight	Haverling Mayesbrook A.C./SHFG	11.58			

Girls U13 - 75 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
	006	Hannah	Smithdale	Chelmsford A.C.	10.45	1	-2.8
	012	Kelly	Sutton	Colchester Harriers	10.49	2	
	023	Olivia	Law	Southend A.C.	10.58	3	
	039	Emily	Webb	Basildon A.C.	10.92	4	
	031	Rosie	Dailly	Chelmsford A.C./GBHS	10.98	5	
	014	Nikkita	Sartori-Sigrist	Orion Harriers	11.04	6	
	011	Kaylee	Dodd	Basildon A.C.	DNF		

Girls U13 - 800 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time		
1	022	Jessica	Judd	Thurrock Harriers A.C.	2:37.86	1Q	
	021	Sophie	Riches	Basildon A.C.	2:37.86	2Q	
	011	Kaylee	Dodd	Basildon A.C.	2:44.58	Q	
	020	Calli	Middleton	Basildon A.C.	2:50.03	Q	
	007	Summer	Dann	St Hilda's School	2:53.84		
	033	Jordan	Lacey	Southend A.C.	2:53.88		
	047	Rebecca	Barnard	Thurrock Harriers A.C.	2:55.14		
	028	Megan	Moore	Colchester Harriers	2:59.30		
2	019	Amy	Bragg	Basildon A.C.	2:45.34	1Q	
	037	Miranda	Hastings	Colchester Harriers	2:46.46	2Q	
	018	Shannon	Wennington	Basildon A.C.	2:47.23	Q	
	032	Hayley	McLean	Thurrock Harriers A.C.	2:49.81	Q	
	048	Aimee	Garnett	Southend A.C.	2:50.40		
	029	Sophie	Croft	Thurrock Harriers A.C.	2:57.18		
	030	Selina	Caulfield	Braintree A.C.	2:58.97		

Girls U13 - 800 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time		
	022	Jessica	Judd	Thurrock Harriers A.C.	2:29.92	1	
	021	Sophie	Riches	Basildon A.C.	2:34.97	3	
	011	Kaylee	Dodd	Basildon A.C.	2:36.55	4	
	020	Calli	Middleton	Basildon A.C.	2:43.49	5	
	019	Amy	Bragg	Basildon A.C.	2:45.39	2	
	037	Miranda	Hastings	Colchester Harriers	2:47.91	6	
	018	Shannon	Wennington	Basildon A.C.	2:48.94	7	

RESULTS - BOYS UNDER 13

Boys Under 13 - 100 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
1	047	Mitchell	Turffrey	Southend A.C.	13.75	1Q	-0.4
	043	Jack	Quire	Basildon A.C.	14.30	2Q	
	032	Wesley	Pettifer	Fitzwimarc School	14.62	Q	
	026	David	Scupham	Fitzwimarc School	14.73	Q	
	011	Myron	Hamilton	Fitzwimarc School	14.84	Q	
2	075	Frederick	Mokoso	Havering Mayesbrook A.C.	14.34	1Q	-2.2
	021	Elliott	Mannering	Fitzwimarc School	14.50	2Q	
	056	Henry	Newton	Basildon A.C.	14.52	Q	
	008	Christopher	Eaton	Basildon A.C./Eastwood	15.34		
	025	Alex	Todd	Fitzwimarc School	15.45		
1	062	Hasif	Bedford	Woodford Green & Essex Ladies (U15)	14.05		

Boys Under 13 - 100 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time		Wind
	047	Mitchell	Turffrey	Southend A.C.	13.49	1	
	043	Jack	Quire	Basildon A.C.	13.92	2	
	075	Frederick	Mokoso	Havering Mayesbrook A.C.	13.92	3	
	021	Elliott	Mannering	Fitzwimarc School	14.19	4	
	056	Henry	Newton	Basildon A.C.	14.35	5	
	032	Wesley	Pettifer	Fitzwimarc School	14.75	7	
	011	Myron	Hamilton	Fitzwimarc School	14.75	6	
	026	David	Scupham	Fitzwimarc School	14.96	8	

Boys Under 13 - 800 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	021	Elliott	Mannering	Fitzwimarc School	2:24.61	1Q
	040	James	McLeod	Colchester & Tendring A.C.	2:24.62	Q
	042	Ryan	O'Mahoney	Havering Mayesbrook A.C.	2:24.63	Q
	038	Joseph	Gibbon	Colchester & Tendring A.C.	2:28.82	Q
	004	Daniel	Lamb	Basildon A.C.	2:32.70	Q
	051	Connor	Howes	Tudor Court Primary School	2:35.84	
	034	Rob	Frith	Southend A.C.	2:36.08	
	014	Edward	Cooper	Fitzwimarc School	2:40.12	
	052	Tommy	Alexander	Basildon A.C./James Hornsby Sc	2:42.78	
	010	David	Payne	Basildon A.C.	3:00.48	
2	050	Ashley	Capel	Southend A.C.	2:27.63	1Q
	044	Michael	Porter	Colchester & Tendring A.C.	2:28.61	Q
	037	James	Stockings	Woodford Green & Essex Ladies	2:30.80	Q
	007	Josh	Hegarty	Southend A.C./SHSB	2:33.46	
	049	Stephen	Woodford	Chelmsford A.C.	2:35.77	
	011	Myron	Hamilton	Fitzwimarc School	2:43.29	
	041	Tom	Maklowf	Basildon A.C.	2:46.79	
	054	Ben	Lawrence	Orion Harriers	2:49.22	
	029	Alexander	Williams	Fitzwimarc School	3:00.46	

Boys Under 13 - 800 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	040	James	McLeod	Colchester & Tendring A.C.	2:21.09	1
	021	Elliott	Mannering	Fitzwimarc School	2:22.06	2
	044	Michael	Porter	Colchester & Tendring A.C.	2:23.44	3
	038	Joseph	Gibbon	Colchester & Tendring A.C.	2:26.07	4
	042	Ryan	O'Mahoney	Havering Mayesbrook A.C.	2:26.63	5
	050	Ashley	Capel	Southend A.C.	2:28.30	6
	037	James	Stockings	Woodford Green & Essex Ladies	2:29.09	7