

ESSEX CHAMPIONSHIPS 2007 DAY 1 ILFORD MONDAY 7 MAY 2007

RESULTS - WOMEN UNDER 17

Women Under 17 - 200 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1 (-3.4)	038	Kitan	Eleyae	Woodford Green & Essex Ladies	26.7	1Q
	045	Kelly	Murphy	Basildon A.C.	27.6	2Q
	044	Sarah	Kigozi	Iford A.C.	27.7	Q
	083	Precious	Oladugba	Cecil Jones College	27.9	Q
	072	Charlotte	Keane	Newham & Essex Beagles	29.1	
	016	Laura	Townsend	Iford A.C.	29.3	
2 (-3.5)	091	Keneesha	Johnson	Colchester Harriers	26.2	1Q
	059	Emma	Collard	Southend A.C.	27.4	2Q
	023	Flo	Marriner	St Hilda's School	28.4	Q
	003	Esther	Tele	Southend Girls School	28.8	Q
	054	Sophie	Fisher	Colchester Harriers	28.9	Q
	090	April	Eastwood	Harlow A.C.	29.1	
3 (-3.8)	053	Aleasha	Kiddle	Braintree A.C.	26.9	1Q
	005	Kirsty	Shepherd	Basildon A.C.	27.6	2Q
	052	Chloe	Galloway	Woodford Green & Essex Ladies	28.5	Q
	040	Alysia	Halsey	Colchester Harriers	29.0	
	014	Polly	Woods	Harlow A.C.	29.0	
	049	Lydia	Hall	Iford A.C.	29.1	

Women Under 17 - 200 Metre - Semi Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
1 (-2.7)	091	Keneesha	Johnson	Colchester Harriers	26.5	1Q
	045	Kelly	Murphy	Basildon A.C.	27.8	2Q
	083	Precious	Oladugba	Cecil Jones College	28.1	3Q
	023	Flo	Marriner	St Hilda's School	28.3	
2 (-4.9)	038	Kitan	Eleyae	Woodford Green & Essex Ladies	26.6	1Q
	053	Aleasha	Kiddle	Braintree A.C.	27.0	2Q
	005	Kirsty	Shepherd	Basildon A.C.	27.6	3Q
	044	Sarah	Kigozi	Iford A.C.	28.4	
	003	Esther	Tele	Southend Girls School	29.0	

Women Under 17 - 200 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
(-2.7)	038	Kitan	Eleyae	Woodford Green & Essex Ladies	25.95	1
	091	Keneesha	Johnson	Colchester Harriers	26.12	2
	053	Aleasha	Kiddle	Braintree A.C.	26.50	3
	045	Kelly	Murphy	Basildon A.C.	27.34	4
	005	Kirsty	Shepherd	Basildon A.C.	27.56	5
	083	Precious	Oladugba	Cecil Jones College	28.41	6

ESSEX CHAMPIONSHIPS 2007 DAY 1 ILFORD MONDAY 7 MAY 2007

Women Under 17 - 1500 Metre - FINAL

Heat	Vest	First Name	Last Name	Affiliation	Time	
	032	Laura	Condron	Chelmsford A.C.	04:48.1	1
	046	Zoey	Littlechild	Havering Mayesbrook A.C.	04:52.0	2
	002	Rebecca	Oatham	Thurrock Harriers A.C.	04:54.9	3
	027	Georgie-Lou	Sales	Havering Mayesbrook A.C.	04:56.8	4
	043	Laura	Hillyard	Colchester & Tendring A.C.	05:04.6	5
	001	Venita	Dabhi	Newham & Essex Beagles	05:07.1	6
	013	Ella	Neale	Colchester Harriers	05:11.0	7
	065	Denise	Dignum	Basildon A.C.	05:14.9	8
	028	Sophie	Carroll	Basildon A.C.	05:21.5	9
	051	Gemma	Phillips	Chelmsford A.C.	05:23.0	10
	048	Jessica	Docking	Woodford Green & Essex Ladies	05:34.6	11
	025	Emily	Burgess	St Hilda's School	05:40.6	12
	031	Josie	Condron	Chelmsford A.C.	06:10.4	13

Women Under 17 - Discus

VestNumbe	First Name	Last Name	Affiliation	Distance	
021	Leeanna	Davies	Thurrock Harriers A.C.	32.75	1
092	Catrina	McAuliffe	Havering Mayesbrook A.C.	28.24	2
033	Rebecca	Luck	Havering Mayesbrook A.C.	22.57	3
012	Samantha	Moodie	Woodford Green & Essex Ladies	20.91	4
079	Carla	Schofield	Havering Mayesbrook A.C.	19.00	5

Women Under 17 - Javelin

VestNumbe	First Name	Last Name	Affiliation		
037	Natalie	Davis	Braintree A.C.	28.52	1
052	Chloe	Galloway	Woodford Green & Essex Ladies	28.01	2
027	Georgie-Lou	Sales	Havering Maysbrook A.C.	27.71	3
081	Katie	Hartigan	Chelmsford A.C.	26.71	4
075	Charlie	Clements	Ilford A.C.	24.72	5
076	Leanne	Stubblings	Great Baddow H S	23.32	6

ESSEX CHAMPIONSHIPS 2007 DAY 1 ILFORD MONDAY 7 MAY 2007**RESULTS - MEN UNDER 17****Men Under 17- 200 Metre - Heats**

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	016	James	McClellan	Southend A.C.	23.2	1Q
(-2.1)	004	David	Lo	Colchester Harriers	23.4	Q
	050	Emmanuel	Okpokiri	Newham & Essex Beagles	23.4	Q
	058	Ashley	Thompson	Woodford Green & Essex Ladies	24.1	Q
	070	Danny	Bennett	Havering Mayesbrook A.C.	26.1	
2	003	Mark	Hunter	Chelmsford A.C.	23.4	1Q
(-2.6)	060	Lemar	Charles	Blackheath & Bromley	23.7	Q
	035	Matthew	Lumm	Basildon A.C.	23.8	Q
	079	Rashid	Kakoza	Newham & Essex Beagles	24.3	Q
	049	Flynn	Spence	Woodford Green & Essex Ladies	26.4	
3	064	Aidan	Lee	Woodford Green & Essex Ladies	23.4	1Q
(-3.4)	043	Christopher	Vickers	Woodford Green & Essex Ladies	23.9	Q
	045	Simeon	Stuart	Ilford A.C.	24.9	
	046	Jack	Adams	Fitzwimarc School/Chelmsford	26.8	

Men Under 17- 200 Metre - SEMI FINAL

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	016	James	McClellan	Southend A.C.	23.29	1Q
(-3.6)	050	Emmanuel	Okpokiri	Newham & Essex Beagles	23.62	Q
	004	David	Lo	Colchester Harriers	23.67	Q
	043	Christopher	Vickers	Woodford Green & Essex Ladies	23.77	
	058	Ashley	Thompson	Woodford Green & Essex Ladies	23.90	
2	064	Aidan	Lee	Woodford Green & Essex Ladies	23.31	1Q
(-3.2)	003	Mark	Hunter	Chelmsford A.C.	23.43	Q
	060	Lemar	Charles	Blackheath & Bromley	23.57	Q
	035	Matthew	Lumm	Basildon A.C.	23.80	
	079	Rashid	Kakoza	Newham & Essex Beagles	23.99	

Men Under 17- 200 Metre - FINAL

Heat	Vest	First Name	Last Name	Affiliation	Time	
(-2.6)	016	James	McClellan	Southend A.C.	23.02	1
	064	Aidan	Lee	Woodford Green & Essex Ladies	23.07	2
	003	Mark	Hunter	Chelmsford A.C.	23.32	3
	004	David	Lo	Colchester Harriers	23.38	4
	060	Lemar	Charles	Blackheath & Bromley	23.87	5
	050	Emmanuel	Okpokiri	Newham & Essex Beagles	24.10	6

ESSEX CHAMPIONSHIPS 2007 DAY 1 ILFORD MONDAY 7 MAY 2007

Mens Under 17 - 1500 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	042	Matt	Bloy	Basildon A.C.	04:14.6	1Q
	074	Gavin	Lewis	Orion Harriers	04:15.9	2Q
	089	Lloyd	Hartsman	SHFB/Sothend A.C.	04:16.2	Q
	059	Omar	Mansour	Woodford Green & Essex Ladies	04:16.4	Q
	025	Andrew	Poole	Colchester & Tendring A.C.	04:18.0	Q
	041	Callum	Sutton	Havering Maysbrook A.C.	04:20.6	Q
	061	Dale	Clutterbuck	Basildon A.C.	04:20.7	Q
	015	John	Whitehead	Havering Mayesbrook A.C.	04:27.1	
	021	Daniel	Shanney	Havering Mayesbrook A.C.	04:38.6	
	020	Thomas	Shanney	Havering Mayesbrook A.C.	04:39.7	
	069	Stuart	Frith	Basildon A.C.	04:56.3	
	135	Lewis	Ball	Havering Mayesbrook A.C.	05:01.9	
	2	057	Lloyd	Heard	Colchester & Tendring A.C.	04:19.7
090		David	Smale	SHFB/Sothend A.C.	04:20.5	2Q
065		Howard	Clarke	Southend A.C.	04:22.2	Q
085		Thomas	Frith	SHFB/Sothend A.C.	04:29.0	
078		Christopher	James	Basildon A.C.	04:29.9	
095		Seyi	Onaeuo	Thurrock Harriers A.C.	04:35.5	
019		Joshua	Crompton	Southend A.C.	04:40.6	
036		Frankie	Conway	Orion Harriers	04:41.5	
044		Stephen	Shane	Basildon A.C.	05:01.8	
026		Steven	Payne	Basildon A.C.	DNF	

Mens Under 17 - 1500 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	042	Matt	Bloy	Basildon A.C.	4:04.42	1
	057	Lloyd	Heard	Colchester & Tendring A.C.	4:11.74	2
	059	Omar	Mansour	Woodford Green & Essex Ladies	4:12.47	3
	090	David	Smale	SHFB/Sothend A.C.	4:13.59	4
	089	Lloyd	Hartsman	SHFB/Sothend A.C.	4:16.29	5
	061	Dale	Clutterbuck	Basildon A.C.	4:19.60	6
	025	Andrew	Poole	Colchester & Tendring A.C.	4:22.08	7
	074	Gavin	Lewis	Orion Harriers	4:32.02	8
	041	Callum	Sutton	Havering Mayesbrook A.C.	4:34.94	9
	065	Howard	Clarke	Southend A.C.	DNF	

Mens Under 17 - Discus

Vest	First Name	Last Name	Affiliation	Distance	
110	Anthony	O'Shodi	Woodford Green & Essex Ladies	45.85	1
064	Aidan	Lee	Woodford Green & Essex Ladies	42.52	2
010	Shaun	McCarthy	Basildon A.C.	37.10	3
109	Jordan	Jackson	Havering Mayesbrook A.C.	28.47	4
023	Christopher	Dawe	Ilford A.C.	26.29	5
029	Sam	Gaskin	Fitzwimarc School	22.47	6

Mens Under 17 - Pole Vault - Final

Vest	First Name	Last Name	Affiliation	Height	
091	Jack	Eddie	SHFB	3.50	1
011	Jack	Withrington	Shaftesbury Barnet	3.20	2
101	Jay	Coy	SHFB	3.00	3=
139	Sam	Boshell	Basildon A.C.	3.00	3=
085	Thomas	Frith	SHFB/Sothend A.C.	3.00	5
100	Edward	Currington	SHFB	2.90	6
039	Lewis	Tibbott	Woodford Green & Essex Ladies	2.40	7

ESSEX CHAMPIONSHIPS 2007 DAY 1 ILFORD MONDAY 7 MAY 2007**RESULTS - GIRLS UNDER 15****Girls Under 15 - 200 Metre - Heats**

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	079	Victoria	Ohuruogu	Newham & Essex Beagles	26.1	1Q
(-2.7)	083	Nioka	Brown	Sarah Bonnell	27.9	2Q
	007	Amy	McDonald	Southend A.C.	28.2	Q
	087	Aimee	Jones	Ilford A.C.	29.8	
	108	Felicia	Davies	Eton Manor A.C	32.5	
2	012	Jessica	Grainger	Chelmsford A.C.	27.9	1Q
(-2.2)	005	Chloe	Longhurst	Southend A.C.	28.0	2Q
	056	Ghanelle	Edwards	Southend A.C.	28.1	Q
	085	Georgia	Brown	Basildon A.C.	29.1	Q
	078	Naomi	Appiah	St Angela's School	29.5	Q
3	015	Bethanie	Moore	Colchester Harriers	28.0	1Q
(-3.3)	084	Felicity	Clarke	Southend A.C.	28.4	2Q
	094	Charlotte	Doherty	Basildon A.C.	31.2	
	109	Tasmyn	Wint	Woodford Green & Essex Ladies	31.7	
	081	Jessica	Kipps	Orion Harriers	31.9	
4	058	Linzi	Boosey	Thurrock Harriers A.C.	27.8	1Q
(-3.8)	069	Alexandra	Edwards	Havering Mayesbrook A.C.	29.8	2Q
	093	Sian	McCrary	Southend A.C.	30.5	
	092	Leanne	McCrary	Southend A.C.	30.7	

Girls Under 15 - 200 Metre - Semi Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	079	Victoria	Ohuruogu	Newham & Essex Beagles	26.6	1Q
(-4.8)	084	Felicity	Clarke	Southend A.C.	27.9	2Q
	005	Chloe	Longhurst	Southend A.C.	28.4	3Q
	012	Jessica	Grainger	Chelmsford A.C.	28.5	
	056	Ghanelle	Edwards	Southend A.C.	28.5	
	007	Amy	McDonald	Southend A.C.	28.9	
2	058	Linzi	Boosey	Thurrock Harriers A.C.	27.4	1Q
(-4.8)	083	Nioka	Brown	Sarah Bonnell	28.0	2Q
	015	Bethanie	Moore	Colchester Harriers	28.2	3Q
	069	Alexandra	Edwards	Havering Mayesbrook A.C.	29.6	
	085	Georgia	Brown	Basildon A.C.	29.8	
	078	Naomi	Appiah	St Angela's School	30.2	

Girls Under 15 - 200 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
(-4.6)	079	Victoria	Ohuruogu	Newham & Essex Beagles	26.33	1
	058	Linzi	Boosey	Thurrock Harriers A.C.	27.50	2
	084	Felicity	Clarke	Southend A.C.	27.77	3
	083	Nioka	Brown	Sarah Bonnell	28.40	4
	015	Bethanie	Moore	Colchester Harriers	28.59	5
	005	Chloe	Longhurst	Southend A.C.	28.70	6

ESSEX CHAMPIONSHIPS 2007 DAY 1 ILFORD MONDAY 7 MAY 2007

Girls Under 15 - 1500 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time		
1	002	Neha	Dabhi	Newham & Essex Beagles	05:06.0	1Q	
	029	Amber	Turner	Hav.M'brook A.C./B'wood CHS	05:14.9	2Q	
	027	Camilla	Smee	St Hilda's School	05:17.6	Q	
	066	Rachel	Sadler	Havering Mayesbrook A.C.	05:21.7	Q	
	055	Adedoja	Atanda	Newham & Essex Beagles	05:27.8	Q	
	063	Jay	Andrews	Orion Harriers	05:33.9		
	088	Sophie	Johnstone	Chelmsford A.C.	05:34.7		
	014	Emily	Moore	Colchester Harriers	05:42.8		
	036	Alesha	Patterson	Col & T'ring A.C./Stanway	05:47.3		
	026	Heidi	Steele	Colchester Harriers	05:48.9		
	082	Amy	Webb	Basildon A.C.	06:07.2		
	2	035	Rebecca	O'Neill	Hav.M'brook A.C./B'wood CHS	05:11.5	1Q
		050	Emily	Ballard	Basildon A.C.	05:11.7	Q
		008	Eleanor	Bounds	Havering Mayesbrook A.C.	05:11.7	2Q
046		Charlotte	Bishop	Basildon A.C.	05:26.2	Q	
043		Lauren	Macareaor	Orion Harriers	05:29.2	Q	
076		Kara	Hannon	Braintree A.C.	05:29.5		
072		Laura	O'Connor	Chelmsford A.C.	05:36.2		
057		Abigail	Plank	Basildon A.C./S H S G	05:41.6		
001		Bethany	Hawkings	Chelmsford A.C.	05:46.7		
044		Lauren	Pereira	Orion Harriers	06:00.2		

Girls Under 15 - 1500 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	002	Neha	Dabhi	Newham & Essex Beagles	05:00.0	1
	035	Rebecca	O'Neill	Hav.M'brook A.C./B'wood CHS	05:06.3	2
	027	Camilla	Smee	St Hilda's School	05:16.1	3
	066	Rachel	Sadler	Havering Mayesbrook A.C.	05:19.7	4
	029	Amber	Turner	Hav.M'brook A.C./B'wood CHS	05:24.1	5
	055	Adedoja	Atanda	Newham & Essex Beagles	05:24.8	6
	050	Emily	Ballard	Basildon A.C.	05:25.7	7
	046	Charlotte	Bishop	Basildon A.C.	05:30.4	8
	043	Lauren	Macareaor	Orion Harriers	05:38.9	9

Girls Under 15 - Discus

Vest	First Name	Last Name	Affiliation	Distance	
058	Linzi	Boosey	Thurrock Harriers A.C.	28.43	1
003	Samantha	Hill	Havering Mayesbrook A.C.	27.03	2
062	Grace	Jenkins	Newham & Essex Beagles/St Ange	24.83	3
035	Rebecca	O'Neill	Hav.M'brook A.C./B'wood CHS	24.82	4
017	Sophie	Baggs	Havering Mayesbrook A.C.	24.54	5
064	Chelsea	Coker	Southend A.C./Greensward Coll	23.68	6
028	Lucia	Prinsloo	St Hilda's School	19.85	7
103	Katherine	Knight	Havering Mayesbrook A.C./SHFG	18.22	8
097	Madeleine	Parker	SHFG	14.17	9

Girls Under 15 - Javelin

Vest	First Name	Last Name	Affiliation	Distance	
101	Kike	Oniwinde	Havering Mayesbrook A.C.	34.18	1
030	Sidnie	Sales	Hav.M'brook A.C./Coopers	22.63	2
022	Katie	Ramsden	Newham & Essex Beagles	21.88	3
114	Jasmine	Raymond	Newham & Essex Beagles	15.20	4

ESSEX CHAMPIONSHIPS 2007 DAY 1 ILFORD MONDAY 7 MAY 2007
RESULTS - BOYS UNDER 15

Boys Under 15 - 200 Metres - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	010	Thomas	Larkin	Woodford Green & Essex Ladies	25.0	1Q
(nwi)	086	Philip	Whittaker	Chelmsford A.C.	25.3	2Q
	013	Jerrell	Alleyne	Ilford A.C.	25.9	Q
	091	Ben	Mason	Chelmsford A.C.	27.6	Q
	105	Folafemi	Adenugba	Southend High School for Boys	28.0	
2	074	Akeem	Akintokun	Thurrock Harriers A.C.	24.4	1Q
(-4.3)	056	Jordan	Brown	Havering Mayes/Brentwood CHS	25.2	2Q
	112	Jimmy	Tele	Southend High School for Boys	26.1	Q
	076	Fraser	Hubbard	Chelmsford A.C.	26.2	Q
	170	Colin	Wint	Woodford Green & Essex Ladies	29.4	
3	058	Alex	Cooke	Chelmsford A.C.	24.8	1Q
(-2.8)	003	Paul	Scanlan	Woodford Green & Essex Ladies	25.2	2Q
	083	Nethaneel	Mitchell-Blake	Ilford A.C.	26.1	Q
	022	Aaron	Lucas	Basildon A.C.	26.9	Q
	016	Nathan	Greenaway	Chelmsford A.C.	DNS	

Boys Under 15 - 200 Metres - Semi Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	074	Akeem	Akintokun	Thurrock Harriers A.C.	25.0	Q
(-3.6)	003	Paul	Scanlan	Woodford Green & Essex Ladies	25.1	Q
	056	Jordan	Brown	Havering Mayes/Brentwood CHS	25.4	Q
	083	Nethaneel	Mitchell-Blake	Ilford A.C.	26.0	
	112	Jimmy	Tele	Southend High School for Boys	26.6	
	091	Ben	Mason	Chelmsford A.C.	28.1	
2	010	Thomas	Larkin	Woodford Green & Essex Ladies	25.2	Q
(-4.7)	086	Philip	Whittaker	Chelmsford A.C.	25.5	Q
	058	Alex	Cooke	Chelmsford A.C.	25.5	Q
	013	Jerrell	Alleyne	Ilford A.C.	26.2	
	076	Fraser	Hubbard	Chelmsford A.C.	26.2	
	022	Aaron	Lucas	Basildon A.C.	27.3	

Boys Under 15 - 200 Metres - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
(-3.3)	058	Alex	Cooke	Chelmsford A.C.	24.65	1
	074	Akeem	Akintokun	Thurrock Harriers A.C.	24.77	2
	010	Thomas	Larkin	Woodford Green & Essex Ladies	24.91	3
	003	Paul	Scanlan	Woodford Green & Essex Ladies	25.39	4
	086	Philip	Whittaker	Chelmsford A.C.	25.40	5
	056	Jordan	Brown	Havering Mayes/Brentwood CHS	25.72	6

Boys Under 15 - 1500 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	064	Ben	Bird	Chelmsford A.C.	04:38.5	1Q
	008	Oliver	Davey	Thurrock Harriers A.C.	04:39.7	2Q
	011	Richard	Pollitt	Braintree A.C.	04:45.5	Q
	080	Ben	Davey	Thurrock Harriers A.C.	04:52.7	Q
	048	Matthew	Darby	Fitzwimarc School	05:01.5	
	109	Alex	Short	Southend High School for Boys	05:06.5	
	063	Andrew	Law	Basildon A.C.	05:18.5	
	148	Nathan	Smoothy	Eastwood School	05:20.5	
	107	Morgan	Fox	Southend High School for Boys	05:23.1	

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2	004	Antony	Taylor	Thurrock Harriers A.C.	04:44.0	1Q
	071	Ben	Phillips	Woodford Green & Essex Ladies	04:44.2	2Q
	098	Jamie	Buckley-Stanton	Havering Mayesbrook A.C.	04:44.9	Q
	061	Reece	Pearce	Basildon A.C.	05:01.7	
	036	Josh	Mann	Fitzwimarc School	05:06.2	
	025	Alex	Gordon	Orion Har./Chingford	05:10.1	
	031	William	Cooper	Fitzwimarc School	05:12.7	
	154	Daniel	Hunt	Eastwood School	05:17.7	
	021	Jonathan	Seekings	Havering Mayesbrook A.C.	05:37.1	
3	110	John	Staines	Southend High School for Boys	04:39.0	1Q
	065	Marc	Reynolds	Chelmsford A.C.	04:49.0	2Q
	106	Joshua	Rees	Southend High School for Boys	04:51.3	Q
	075	Stephen	Strange	Chelmsford A.C.	04:53.9	
	078	Liam	Blaikie	Woodford Green & Essex Ladies	04:55.9	
	123	Alexander	Richards	Ilford A.C.	04:59.0	
	084	Steven	Hardy	Chelmsford A.C.	05:02.2	
	024	Sean	Butler	Fitzwimarc School	05:21.1	

Boys Under 15 - 1500 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	004	Antony	Taylor	Thurrock Harriers A.C.	4:33.86	1
	008	Oliver	Davey	Thurrock Harriers A.C.	4:35.91	2
	064	Ben	Bird	Chelmsford A.C.	4:42.09	3
	110	John	Staines	Southend High School for Boys	4:44.08	4
	065	Marc	Reynolds	Chelmsford A.C.	4:44.79	5
	098	Jamie	Buckley-Stanton	Havering Mayesbrook A.C.	4:47.55	6
	071	Ben	Phillips	Woodford Green & Essex Ladies	4:49.89	7
	106	Joshua	Rees	Southend High School for Boys	4:50.39	8
	080	Ben	Davey	Thurrock Harriers A.C.	5:02.59	9

Boys Under 15 - Pole Vault

Heat	Vest	First Name	Last Name	Affiliation	Time	
	004	Antony	Taylor	Thurrock Harriers A.C.	4:33.86	1
	008	Oliver	Davey	Thurrock Harriers A.C.	4:35.91	2
	064	Ben	Bird	Chelmsford A.C.	4:42.09	3
	110	John	Staines	Southend High School for Boys	4:44.08	4
	065	Marc	Reynolds	Chelmsford A.C.	4:44.79	5
	098	Jamie	Buckley-Stanton	Havering Mayesbrook A.C.	4:47.55	6
	071	Ben	Phillips	Woodford Green & Essex Ladies	4:49.89	7
	106	Joshua	Rees	Southend High School for Boys	4:50.39	8
	080	Ben	Davey	Thurrock Harriers A.C.	5:02.59	9

Boys Under 15 - Discus

Vest	First Name	Last Name	Affiliation	Distance	
076	Fraser	Hubbard	Chelmsford A.C.	30.75	1
066	Michael	Jones	Havering Mayesbrook A.C.	28.34	2
105	Folafemi	Adenugba	Southend High School for Boys	25.35	3
015	Andrew	Townsend	Ilford A.C.	20.88	4
167	Cameron	Gray	Campion School	20.67	5
021	Jonathan	Seekings	Havering Mayesbrook A.C.	13.44	6

Boys Under 15 - Pole Vault

Vest	First Name	Last Name	Affiliation	Distance	
142	Aaron	Kaye	Cecil Jones College	3.10	1
118	Chris	Dudman	Southend High School for Boys	2.70	2
106	Joshua	Rees	Southend High School for Boys	2.30	3
119	James	Brandjes	Southend High School for Boys	2.30	4
171	Chris	Riley	Fitzwimarc School	2.20	5
107	Morgan	Fox	Southend High School for Boys	2.10	6

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RESULTS - GIRLS UNDER 13

Girls Under 13 - 150 Metre - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	Position
1	012	Kelly	Sutton	Colchester Harriers	22.0	1Q
nwi	014	Nikkita	Sartori-Sigrist	Orion Harriers	22.5	Q
	017	Mariam	Kelekun	Newham & Essex Beagles	23.3	Q
	004	Sacha	Martin	Havering Mayesbrook A.C.	23.3	Q
	039	Emily	Webb	Basildon A.C.	23.5	
	045	Deborah	Knight	Havering Mayesbrook A.C./SHFG	24.0	
2	035	Annie	Adewole	Thurrock Harriers A.C.	22.1	Q
nwi	023	Olivia	Law	Southend A.C.	22.1	1Q
	032	Hayley	McLean	Thurrock Harriers A.C.	22.6	Q
	009	Samantha	Hoar	St Hilda's School	23.1	Q
	034	Lily	Matthews	Basildon A.C.	25.5	
3	031	Rosie	Dailly	Chelmsford A.C./Great Baddow HS	22.5	1Q
nwi	011	Kaylee	Dodd	Basildon A.C.	22.6	Q
	010	Harriet	Batson	Great Baddow H S	23.0	Q
	029	Sophie	Crofts	Thurrock Harriers A.C.	23.3	Q
	002	Evie	Padmore	Orion Harriers	23.4	

Girls U13 - 150 Metre - Semi Final

Heat	Vest	First Name	Last Name	Affiliation	Time	Position
1	012	Kelly	Sutton	Colchester Harriers	21.2	1Q
nwi	031	Rosie	Dailly	Chelmsford A.C./Great Baddow HS	21.8	2Q
	010	Harriet	Batson	Great Baddow H S	22.4	3Q
	009	Samantha	Hoar	St Hilda's School	22.9	
	017	Mariam	Kelekun	Newham & Essex Beagles	22.9	
2	023	Olivia	Law	Southend A.C.	21.6	1Q
(-1.9)	035	Annie	Adewole	Thurrock Harriers A.C.	21.7	2Q
	011	Kaylee	Dodd	Basildon A.C.	21.8	3Q
	032	Hayley	McLean	Thurrock Harriers A.C.	21.8	
	004	Sacha	Martin	Havering Mayesbrook A.C.	22.4	
	029	Sophie	Crofts	Thurrock Harriers A.C.	22.5	

Girs Under 13 - 150 Metre - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	Position
(-3.6)	012	Kelly	Sutton	Colchester Harriers	22.21	1
	035	Annie	Adewole	Thurrock Harriers A.C.	22.26	2
	023	Olivia	Law	Southend A.C.	22.36	3
	031	Rosie	Dailly	Chelmsford A.C./Great Baddow HS	22.86	4
	011	Kaylee	Dodd	Basildon A.C.	23.03	4
	010	Harriet	Batson	Great Baddow H S	23.39	6

Girls Under 13 - 1200 Metres - Final

Vest	First Name	Last Name	Affiliation	Time	Position
022	Jessica	Judd	Thurrock Harriers A.C.	4:00.6	1
021	Sophie	Riches	Basildon A.C.	4:12.7	2
019	Amy	Bragg	Basildon A.C.	4:18.1	3
026	Rebecca	Stanley	Havering Mayesbrook A.C.	4:21.9	4
025	Kirsty	Straiton	Colchester Harriers	4:22.8	5
040	Daisy	Durden	Basildon A.C.	4:24.5	6
018	Shannon	Wennington	Basildon A.C.	4:25.9	7
038	Dannaleigh	Durham	Newham & Essex Beagles	4:26.8	8
020	Calli	Middleton	Basildon A.C.	4:32.1	9
013	Zara	Heath	Southend A.C./Fitzwimarc	4:34.5	10
007	Summer	Dann	St Hilda's School	4:38.9	11
033	Jordan	Lacey	Southend A.C.	4:42.3	12
027	Hannah	Bloy	Havering Mayesbrook A.C.	5:00.5	13

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Girls Under 13 - 70 Metre Hurdles - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	044	Jade	Peel	Southend Girls School	13.3	1Q
(-3.6)	024	Bethany	Goldfinch	Basildon A.C./S H S G	14.0	Q
	011	Kaylee	Dodd	Basildon A.C.	14.9	
	047	Rebecca	Barnard	Thurrock Harriers A.C.	15.3	
	005	Erin	Baggs	Havering Mayesbrook A.C.	18.0	
2	014	Nikkita	Sartori-Sigrist	Orion Harriers	12.9	1Q
(-2.6)	040	Daisy	Durden	Basildon A.C.	13.1	Q
	034	Lily	Matthews	Basildon A.C.	13.2	Q
	015	Amy	Wharf	Southend High School for Girls	13.6	Q
	045	Deborah	Knight	Havering Mayes./Southend High S G	16.2	

Girls Under 13 - 70 Metre Hurdles - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
(-4.9)	014	Nikkita	Sartori-Sigrist	Orion Harriers	13.11	1
	044	Jade	Peel	Southend Girls School	13.22	2
	040	Daisy	Durden	Basildon A.C.	13.36	3
	034	Lily	Matthews	Basildon A.C.	13.62	4
	015	Amy	Wharf	Southend High School for Girls	13.82	5
	024	Bethany	Goldfinch	Basildon A.C./Southend H S G	14.05	6

Girls Under 13 - High Jump

Vest	First Name	Last Name	Affiliation	Height	
004	Sacha	Martin	Havering Mayesbrook A.C.	1.33	1
007	Summer	Dann	St Hilda's School	1.27	2
024	Bethany	Goldfinch	Basildon A.C./Southend H S G	1.24	3
042	Chloe	Verhoeff	Basildon A.C.	1.24	4
046	Noelle	Sapon	St Angela's School	1.21	5
043	Ella	Glazier	Basildon A.C.	1.10	6

Girls Under 13 - Long Jump

Vest	First Name	Last Name	Affiliation	Distance	
031	Rosie	Daily	C'ford A.C./GBHS	4.43	1
012	Kelly	Sutton	Colchester Harriers	4.35	2
010	Harriet	Batson	Great Baddow H S	4.23	3
032	Hayley	McLean	Thurrock Harriers A.C.	4.07	4
004	Sacha	Martin	Havering Mayesbrook A.C.	4.04	5
017	Mariam	Kelekun	Newham & Essex Beagles	4.01	6
035	Annie	Adewole	Thurrock Harriers A.C.	3.97	7
029	Sophie	Crofts	Thurrock Harriers A.C.	3.95	8
047	Rebecca	Barnard	Thurrock Harriers A.C.	3.49	9
009	Samantha	Hoar	St Hilda's School	3.48	10
018	Shannon	Wennington	Basildon A.C.	2.92	11

Girls Under 13 - Shot

Vest	First Name	Last Name	Affiliation	Distance	
008	Megan	Betts	St Hilda's School	6.83	1
045	Deborah	Knight	Havering Mayes./Southend High S G	6.16	2
012	Kelly	Sutton	Colchester Harriers	5.47	3

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RESULTS - BOYS UNDER 13

Boys Under 13 - 200 Metre Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	047	Mitchell	Turffrey	Southend A.C.	29.1	1Q
(-3.6)	009	Arran	Weston	Basildon A.C.	31.3	Q
	031	Mitchel	Hunter	Fitzwimarc School	31.7	Q
	032	Wesley	Pettifer	Fitzwimarc School	32.2	
	019	Steven	Brown	Fitzwimarc School	32.6	
	025	Alex	Todd	Fitzwimarc School	33.3	
2	065	Tom	Watts	Cecil Jones College	28.8	1Q
(-3.0)	082	Hasif	Bedford	Woodford Green & Essex Ladies	29.7	Q
	084	Daniel	Wood	Campion School	30.1	Q
	056	Henry	Newton	Basildon A.C.	31.0	Q
	022	Alex	Cook	Fitzwimarc School	32.6	
	015	Connor	Mead	Fitzwimarc School	35.1	
3	043	Jack	Quire	Basildon A.C.	30.6	1Q
(-4.0)	026	David	Scupham	Fitzwimarc School	31.4	Q
	005	Oliver	Woodhouse	Southend A.C.	32.0	
	006	Matthew	Cullina	Fitzwimarc School	32.4	
4	075	Frederick	Mokoso	Haverling Mayesbrook A.C.	31.0	1Q
(-4.2)	060	Laurence	Currington	Southend High School for Boys	31.2	Q
	008	Christopher	Eaton	Basildon A.C./Eastwood	31.3	Q
	030	George	Darby	Fitzwimarc School	32.0	
	024	Nicholas	Sims	Fitzwimarc School	38.6	

Boys Under 13 - 200 Metre Semi Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	065	Tom	Watts	Cecil Jones College	30.6	Q
(-4.1)	043	Jack	Quire	Basildon A.C.	31.2	Q
	084	Daniel	Wood	Campion School	31.3	Q
	009	Arran	Weston	Basildon A.C.	32.8	
	031	Mitchel	Hunter	Fitzwimarc School	32.9	
2	047	Mitchell	Turffrey	Southend A.C.	29.7	Q
(-3.1)	075	Frederick	Mokoso	Haverling Mayesbrook A.C.	30.1	Q
	056	Henry	Newton	Basildon A.C.	30.6	Q
	026	David	Scupham	Fitzwimarc School	31.2	

Boys Under 13 - 200 Metre Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
(-3.6)	065	Tom	Watts	Cecil Jones College	28.56	1
	047	Mitchell	Turffrey	Southend A.C.	29.77	2
	075	Frederick	Mokoso	Haverling Mayesbrook A.C.	29.81	3
	043	Jack	Quire	Basildon A.C.	29.82	4
	084	Daniel	Wood	Campion School	30.35	5
	056	Henry	Newton	Basildon A.C.	31.05	6

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Boys Under 13 - 1500 Metre Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	040	James	McLeod	Colchester & Tendring A.C.	05:10.7	1Q
	037	James	Stockings	Woodford Green & Essex Ladies	05:12.9	2Q
	007	Josh	Hegarty	Southend A.C./SHSB	05:19.8	Q
	071	George	Ness	Eastwood School	05:22.1	Q
	073	Tom	Byford	Eastwood School	05:22.2	Q
	003	Jake	McGrath	Fitzwimarc School	05:28.2	
	079	Thomas	Barrell	Campion School	05:35.2	
	051	Connor	Howes	Tudor Court Primary School	05:38.4	
	029	Alexander	Williams	Fitzwimarc School	05:49.7	
	018	James	Westron	Fitzwimarc School	05:57.9	
039	George	Hadler	Ilford A.C.	06:45.9		
2	050	Ashley	Capel	Southend A.C.	04:58.8	Q1
	048	Steven	Adcock	Chelmsford A.C.	05:06.2	2Q
	038	Joseph	Gibbon	Colchester & Tendring A.C.	05:07.4	Q
	021	Elliott	Mannering	Fitzwimarc School	05:08.5	Q
	004	Daniel	Lamb	Basildon A.C.	05:17.2	Q
	014	Edward	Cooper	Fitzwimarc School	05:23.0	
	034	Rob	Frith	Southend A.C.	05:26.2	
	036	Ciaran	Rodway	Ilford A.C.	05:55.6	
	012	Stephen	White	Fitzwimarc School	05:57.4	
	010	David	Payne	Basildon A.C.	06:38.0	

Boys Under 13 - 1500 Metre Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
	040	James	McLeod	Colchester & Tendring A.C.	4:55.4	1
	050	Ashley	Capel	Southend A.C.	4:57.0	2
	021	Elliott	Mannering	Fitzwimarc School	5:03.3	3
	038	Joseph	Gibbon	Colchester & Tendring A.C.	5:08.9	4
	048	Steven	Adcock	Chelmsford A.C.	5:12.7	5
	037	James	Stockings	Woodford Green & Essex Ladies	5:14.0	6
	004	Daniel	Lamb	Basildon A.C.	5:18.1	7
	073	Tom	Byford	Eastwood School	5:19.9	8
	007	Josh	Hegarty	Southend A.C./SHSB	5:31.6	9

Boys Under 13 75 Metre Hurdles - Heats

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	058	Blair	Cartwright	Southend High School for Boys	13.5	1Q
	(-2.5)	029	Alexander	Fitzwimarc School	15.0	2Q
		013	Liam	Fitzwimarc School	15.3	Q
		063	Daniel	Southend High School for Boys	15.4	Q
2	061	Terome	Mensah	Southend High School for Boys	13.2	1Q
	(-3.4)	064	Richard	Southend High School for Boys	14.6	2Q
		035	Elliott	Chelmsford A.C.	15.0	Q
		031	Mitchel	Fitzwimarc School	15.7	
	019	Steven	Brown	Fitzwimarc School	16.3	
3	059	Alex	Lawlor	Southend High School for Boys	13.8	1Q
	(-3.4)	032	Wesley	Fitzwimarc School	15.5	2Q
		011	Myron	Fitzwimarc School	16.2	
		072	George	Eastwood School	17.2	
	002	Laurence	Green	Woodford Green & Essex Ladies	18.2	
4	062	Matthew	Key	Southend High School for Boys	13.9	1Q
	(-3.3)	030	George	Fitzwimarc School	14.0	2Q
		078	Owen	Campion School	15.5	Q
		056	Henry	Basildon A.C.	17.0	

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Boys Under 13 75 Metre Hurdles - Semi Finals

Heat	Vest	First Name	Last Name	Affiliation	Time	
1	061	Terome	Mensah	Southend High School for Boys	13.6	1Q
nwi	062	Matthew	Key	Southend High School for Boys	14.6	2Q
	030	George	Darby	Fitzwimarc School	14.7	3Q
	035	Elliott	Wincott	Chelmsford A.C.	15.5	
	078	Owen	Sherman	Campion School	15.7	
	013	Liam	Yarwood	Fitzwimarc School	15.7	
2	058	Blair	Cartwright	Southend High School for Boys	13.2	1Q
(-2.2)	059	Alex	Lawlor	Southend High School for Boys	13.8	2Q
	064	Richard	Stennett	Southend High School for Boys	13.9	3Q
	029	Alexander	Williams	Fitzwimarc School	14.8	
	032	Wesley	Pettifer	Fitzwimarc School	15.7	
	063	Daniel	Wilson	Southend High School for Boys	16.4	

Boys Under 13 75 Metre Hurdles - Final

Heat	Vest	First Name	Last Name	Affiliation	Time	
(-2.3)	061	Terome	Mensah	Southend High School for Boys	12.93	1
	058	Blair	Cartwright	Southend High School for Boys	12.99	2
	064	Richard	Stennett	Southend High School for Boys	13.71	3
	059	Alex	Lawlor	Southend High School for Boys	13.72	4
	062	Matthew	Key	Southend High School for Boys	13.82	5
	030	George	Darby	Fitzwimarc School	14.50	6

Boys Under 13 High Jump

Vest	First Name	Last Name	Affiliation	Height	
022	Alex	Cook	Fitzwimarc School	1.35	1
064	Richard	Stennett	Southend High School for Boys	1.30	2
062	Matthew	Key	Southend High School for Boys	1.30	3
058	Blair	Cartwright	Southend High School for Boys	1.30	4
061	Terome	Mensah	Southend High School for Boys	1.25	5
031	Mitchel	Hunter	Fitzwimarc School	1.25	6=
019	Steven	Brown	Fitzwimarc School	1.25	6=
072	George	Cassidy	Eastwood School	1.25	
015	Connor	Mead	Fitzwimarc School	1.25	
026	David	Scupham	Fitzwimarc School	1.25	
055	Max	Bullman	Basildon A.C.	1.20	
030	George	Darby	Fitzwimarc School	1.20	
006	Matthew	Cullina	Fitzwimarc School	1.15	
032	Wesley	Pettifer	Fitzwimarc School	1.15	
024	Nicholas	Sims	Fitzwimarc School	1.15	
027	Charles	Butler	Fitzwimarc School	1.10	

Boys Under 13 Long Jump

Vest	First Name	Last Name	Affiliation	Distance	
031	Mitchel	Hunter	Fitzwimarc School	4.16	1
059	Alex	Lawlor	Southend High School for Boys	4.15	2
060	Laurence	Carrington	Southend High School for Boys	4.11	3
021	Elliott	Mannering	Fitzwimarc School	4.06	
047	Mitchell	Turffrey	Southend A.C.	3.93	
032	Wesley	Pettifer	Fitzwimarc School	3.82	
052	Tommy	Alexander	Basildon A.C./James Hornsby Sc	3.79	
077	Oliver	Lee	Campion School	3.78	

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Boys Under 13 Shot

Vest	First Name	Last Name	Affiliation	Distance	
072	George	Cassidy	Eastwood School	8.36	1
030	George	Darby	Fitzwimarc School	8.10	2
026	David	Scupham	Fitzwimarc School	8.07	3
065	Tom	Watts	Cecil Jones College	7.87	4
020	Samuel	Varley	Fitzwimarc School	7.77	5
063	Daniel	Wilson	Southend High School for Boys	7.75	6
002	Laurence	Green	Woodford Green & Essex Ladies	7.51	7
016	Joe	Lockwood	Fitzwimarc School	7.03	8
017	Michael	Amoroso	Fitzwimarc School	5.47	9

Boys Under 13 Hammer

Vest	First Name	Last Name	Affiliation	Distance	
045	Thomas	Head	Little Thurrock Primary School	21.93	1

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RESULTS - UNDER 15 PENTATHLON

Boys Under 15 - Pentathlon

Vest	First Name	Last Name	Affiliation	80 Hurdles		Shot Putt		Long Jump		High Jump		800 Metres		Total Points	Position
				Distance	Ponts	Time	Points	Distance	Points	Height	Points	Time	Points		
111	Cameron	Irwin	SHFB/Chelmsford A.C.	12.1 (-3.5)	670	10.09	491	5.65	512	1.66	512	02:14.6	530	2715	1
108	Bradley	Dudman	SHFB	12.6 (-4.4)	618	8.71	408	5.21	423	1.48	374	02:34.4	272	2095	2
6	Ryan	Wennington	Basildon A.C.	13.9 (-4.4)	493	9.06	429	5.01	384	1.51	396	02:25.8	374	2076	3
121	Jack	Horton	SHFB	13.0 (-3.5)	578	7.18	318	5.31	443	1.63	488	02:41.5	198	2025	4
62	Jack	Edgar-Hill	Basildon A.C.	12.1 (-3.5)	670	7.60	343	5.17	415	1.39	310	02:42.9	185	1923	5
37	Ellis	Sands	Fitzwimarc School	14.4 (-4.4)	449	6.47	276	4.29	254	1.39	310	02:45.4	163	1451	6
129	Ben	Clark	Chelmsford A.C./GBHS	13.6 (-3.5)	520	7.16	317	4.85	354	1.45	352	0	0	1543	
152	Michael	Donhue	Eastwood School	13.7 (-4.4)	380	8.97	424	4.97	377	0	0	0	0	1181	
149	Charlie	Bradford	Eastwood School	15.2 (-4.4)	511	10.87	538	4.94	371	0	0	0	0	1420	

Girls Under 15 - Pentathlon

Vest	First Name	Last Name	Affiliation	Long Jump		75 Hurdles		Shot Putt		High Jump		800 Metres		Total Points	Position
				Distance	Ponts	Time	Points	Distance	Points	Height	Points	Time	Points		
95	Nikki	Twine	Basildon A.C.	4.44	413	13.1	558	8.26	416	1.32	429	02:29.0	705	2521	1
51	Nancy	LeBeau	Thurrock Harriers	4.65	466	12.2	652	6.02	273	1.53	655	02:52.9	434	2480	2
52	Eleanor	Evans	Southend A.C./SHFG	4.57	446	12.1	663	6.53	305	1.50	621	02:53.0	433	2468	3
4	Jessica	Cutts	Colchester Harriers	4.50	428	13.2	549	6.84	325	1.35	460	02:36.6	612	2374	4
10	Charlotte	Malton	Chelmsford A.C.	4.41	406	14.3	454	8.33	421	1.50	621	02:54.5	418	2320	5
104	Elizabeth	Ridley	Chelmsford A.C./GBHS	4.51	431	13.4	530	6.66	313	1.47	588	02:56.0	404	2266	6
105	Ellie	Besford	Chelmsford A.C.	4.41	406	13.1	558	7.85	390	1.38	491	02:57.2	392	2237	7
41	Eleanor	Graves	BasildonA.C/Fitzwimarc	4.22	359	13.4	530	5.63	248	1.50	621	02:51.1	452	2210	8
40	Emma	Griffiths	Fitzwimarc School	4.26	369	13.9	489	6.61	310	1.35	460	02:46.3	503	2131	9
6	Nicola	Peachey	Havering Mayesbrook A.C.	4.30	379	14.1	471	5.58	245	1.29	399	02:46.4	502	1996	10=
38	Annabelle	Baker	Fitzwimarc School	4.42	408	13.8	497	5.22	222	1.41	523	03:02.0	346	1996	10=
100	Hannah	Coltart	Colchester & Tendring A.C.	4.29	376	14.3	454	6.86	326	1.20	312	03:08.2	293	1761	12
106	Rebecca	Bailey	Colchester & Tendring A.C.	3.87	279	14.2	463	8.43	427	1.14	257	03:07.7	297	1723	13
21	Natalie	Woodhouse	Southend A.C.	2.99	105	14.3	454	5.63	248	1.23	340	02:43.0	539	1686	14
110	Zoe	Barnard	Thurrock Harriers	0.17	229	15.9	334	6.73	318	1.23	340	03:10.3	275	1496	15
16	Gemma	Armorgie	Herts Phoenix	3.68	237	16.7	282	4.82	197	1.32	429	03:04.4	325	1470	16
39	Chloe	Gibson	Fitzwimarc School	3.55	210	16.9	269	4.66	187	1.26	369	0	0	1035	
68	Maria	Okpokiri	Newham & Essex Beagles	3.68	237	13.6	511	8.83	453	1.29	399	0	0	1600	