



# ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION

Incorporating: Essex CAAA Formed 1883 & Essex CWAAA Formed 1947

WEB: <http://www.essexathletics.org.uk/>

EMAIL: [essexaaa.champs@btinternet.com](mailto:essexaaa.champs@btinternet.com)

5 Manwood Avenue  
CANTERBURY  
Kent  
CT2 7AE

1 July 2008

Dear Friend

## **DAY 4 COUNTY CHAMPIONSHIPS – SOUTHEND-ON-SEA – SATURDAY 20 SEPTEMBER 2008**

Attached is the application form for Day 4 of the County Championships together with some notes. Note there is no Day 5 this year. Details will also be on the County web site in the next few days. Can you also remind competitors to look at the web site for any further information.

It is important that the application forms are returned by the closing date as late applications will not be accepted. In addition competitors must send in the correct fee of **£4 per event** together with a stamped address envelope. **PLEASE NOTE** that the maximum size of the envelope to be used is A5 as the postage rates changed in August 2006 and anything larger will incur additional postage. It should also be noted that applications should not be sent in envelopes bigger than A5 unless the higher rate of postage has been paid. There is also a possibility of a delay in applications arriving if sent by anything other than ordinary mail due to the irregular nature of postal deliveries in Canterbury (i.e. **NO** recorded deliveries or special deliveries).

**The application form for these championships must contain the competitors details as well as the application being signed by the competitor or if under 18, the parent or guardian. As applicants have to sign the entry form, block entries will not be acceptable although they can, of course, be posted in one envelope.**

**EMAIL ENTRIES WILL NOT BE ACCEPTED** as a number of competitors having sent in an email application, then failed to send in the signed application form and remittance.

Yours sincerely

*Kaye Merrywest*

Championship Secretary



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**DAY 4 AND 5 OF THE COUNTY CHAMPIONSHIPS** are being held on Saturday 20 September 2008 at Southend

10,000m walk (Senior Men, Senior Women)

3000m Senior Men, Junior Men, Men U17, B.U15, Senior Women, Junior Women, Women U17,

4x100m Relay M.U17, B.U15, B.U13, W.U17, G.U15, G.U13.

3x800m Relay B.U15, B.U13, W.U17, G.U15, G.U13. 4x400m Relay M.U17

300m Girls U15

The provisional **TIMETABLE** is attached. The closing date for entries is **FRIDAY 5 SEPTEMBER 2008**. **LATE ENTRIES WILL NOT BE ACCEPTED.**

For **INDIVIDUAL** entries the form should be completed in full and sent together with the appropriate remittance of **£4 per event for county championships and £8.00 per event for open events**. There must also be enclosed a stamped A5 size envelope so that an acknowledgement of the entry can be sent out. (Please note the revised Post Office regulations, which mean that larger envelopes will incur additional postage).

For **RELAY** entries, a separate form is provided, which should be completed by the team manager for the club and sent with the **fee of £8 per team**. The team manager should note the time that the declarations have to be made on 20 September 2008

It should also be noted that applications should not be sent in envelopes bigger than A5 unless the higher rate of postage has been paid. There is also a possibility of a delay in applications arriving if sent by anything other than ordinary mail due to the irregular nature of postal deliveries in Canterbury (i.e. **NO** recorded deliveries or special deliveries).

**The application form for these championships must contain the competitors details as well as the application being signed by the competitor or if under 18, the parent or guardian. As applicants have to sign the entry form, block entries will not be acceptable although they can, of course, be posted in one envelope.**

A copy of the UK Athletics policy on 'Use of Photographic and Video Images of children/young persons under the age of 18' is attached.

**APPLICATION FORMS** should be sent to, Championship Secretary, Essex AAA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE **EMAIL ENTRIES WILL NOT BE ACCEPTED** as a number of competitors having sent in an email application, then failed to send in the signed application form and remittance .

**DETAILS OF THE VENUE** are on the Southend A.C. web site You should note the reporting time for your event, arriving on time and **YOU** must report to the officials to register for your events If you fail to do this you might be excluded from the event. An emergency contact number will be provided.

If you have any **PROBLEMS**, then you should contact the club secretary, who will be able to contact the championship secretary..

# Essex County AAA Track and Field

*PROVISIONAL*

DAY 4

COLCHESTER

**Saturday 20th September 2008.**

T1	11.00	4 x 100m	B U13	Heats
T2	11.10	4 x 100m	B U15	Heats
T3	11.20	4 x 100m	M U17	Heats
T4	11.30	4 x 100m	G U13	Heats
T5	11.40	4 x 100m	G U15	Heats
T6	11.50	4 x 100m	W U17	Heats
T7	12.00	10000m Walk	Men/Women	FINAL
T8 & T9	13.15	3000m	Jun Men/ Men U17	FINAL
T10	13.30	300m	G U15	Heats
T11	13.45	3000m	Sen W/Jun W/W U17	FINAL
T12	14.00	3000m	Sen Men	FINAL
T13	14.30	4 x 100m	B U13	FINAL
T14	14.35	4 x 100m	B U15	FINAL
T15	14.40	4 x 100m	M U17	FINAL
T16	14.45	4 x 100m	G U13	FINAL
T17	14.50	4 x 100m	G U15	FINAL
T18	14.55	4 x 100m	W U17	FINAL
T19	15.00	3000m	B U15	FINAL
T20	15.15	300m	G U15	FINAL
T21	15.20	3 x 800m	B U13	FINAL
T22	15.30	3 x 800m	B U15	FINAL
T23	15.40	3 x 800m	G U13	FINAL
T24	15.50	3 x 800m	G U15	FINAL
T25	16.00	3 x 800m	W U17	FINAL
T26	16.10	4 x 400m	M U17	FINAL

# UK ATHLETICS

## Use of Photographic & Video Images of Children/Young People under the age of 18

### Policy Statement

**Essex AAA** is committed to providing a safe environment for children/young people under the age of 18 to participate in athletics. Essential to this commitment, is to ensure that all necessary steps are taken to protect children/young people from the inappropriate use of photographic images.

**Essex AAA** have adopted the following good practice guidelines issued by UK Athletics:

#### **Publishing Images**

- Through the use of a Consent Form, we will ask for the permission of young athletes and their carers to take and use their image. If an athlete is named, we will avoid using their photograph
- If a photograph is used, we will avoid naming the athlete.
- We will **NEVER** publish personal details (email addresses, telephone numbers, addresses etc) of a child/young person
- We will only authorise the use of images of players in suitable dress (Tracksuit, on court clothing i.e. T-shirt/shorts/skirt, off track clothing)

#### **Use of Photographic Filming Equipment at Athletic Events**

**Essex AAA** will:

- Inform athletes and parents that a photographer will be in attendance at an event and ensure they consent to both the taking and publication of films or photographs
- Require parents, spectators and authorised photographers (e.g. press) to register at an event if they wish to use any photographic equipment including mobile phones with photographic technology.
- Issue an identification pass which must be worn and clearly visible at all times during the event
- Not allow unsupervised access to players or one to one photo sessions at events
- Not approve/allow photo sessions outside the events or at an athletes home
- Act on the concerns of any athletes and parents regarding the inappropriate use of photographic equipment
- Inform children/young people and their parents/carers if video equipment is to be used as a coaching aid.
- Ensure that any photographic images taken and used will be stored safely



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UNDER UKA RULES

Name (Block Capitals)..... Male/Female.....

Address.....

.....

Post Code.....

Email Address.....

Telephone No. ....

Club ..... School (if under 15).....

Date of Birth..... Under 13/Under15/Under 17/Junior/Senior/Veteran  
**(PLEASE CIRCLE AS APPROPRIATE)**

Fully completed FORMS TO BE SENT TO: Championship Secretary, Essex AAA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE by the Friday 5 September 2008. Late entries will **NOT** be accepted.

**NO EMAIL ENTRIES, RECORDED DELIVERY OR SPECIAL DELIVERY (See Letter)**

Day	Event	Best time in last year	<i>(official use)</i>

**(TICK AS APPROPRIATE)**    I was born in Essex   **OR**    I have lived in Essex since \_\_\_\_\_

**OR**  I am eligible under UK Athletics rules and please state how

\_\_\_\_\_

I enclose a cheque/postal order (made payable to Essex AAA) for £..... being the entrance fee of £4 per event together with an A5 size stamped addressed envelope. (Please write name and address on reverse of cheque)

I declare that I am an amateur qualified to compete under the laws of **UKAthletics**

**FOR COMPETITORS UNDER 18** - I agree that photographs can be taken, which may be displayed on the internet. If you do not want photographs to be taken of the competitor, tick here

Signed..... Date.....

Athlete or **Parent/Guardian if under 18 – HAVE YOU ENCLOSED A PREPAID ENVELOPE?**

You should receive confirmation of the entry within 10 days of the event provided that you have sent a stamped address envelope. You should check the details and advise of any mistakes **immediately**.

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## RELAY ENTRY FORM

Club ..... Team Manager.....

Entry fee of £8.00 per team. Entry fee made payable to Essex County AAA.

Fully completed FORMS TO BE SENT TO: Championship Secretary, Essex AAA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE by the FRIDAY 5 September 2008 Late entries will **NOT** be accepted.

Proposed time	Age Group	Event	No of Teams	Entry Fee
	U 13 Boys	4 x 100 Relay		
	U 15 Boys	4 x 100 Relay		
	U 17 Men	4 x 100 Relay		
	U13 Girls	4 x 100 Relay		
	U 15 Girls	4 x 100 Relay		
	U 17 Women	4 x 100 Relay		

Team Member Declarations to be made by 10.30 on the day.

Proposed time	Age Group	Event	No of Teams	Entry Fee
	U 13 Boys	3 x 800 Relay		
	U15 Boys	3 x 800 Relay		
	U13 Girls	3 x 800 Relay		
	U 15 Girls	3 x 800 Relay		
	U 17 Women	3 x 800 Relay		

Team Member Declarations to be made by 14 30 on the day

Proposed time	Age Group	Event	No of Teams	Entry Fee
	U 17 Men	4 x 400 Relay		

Team Member Declarations to be made by 15.30 on the day.

Stamped addressed envelope and entry fee of £.....enclosed.

Official Use	Date Recd.....	Amount Recd £....	SAE enc.....	Reply Sent.....
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